

PILOT

Barriers Questionnaire Evaluation

Thank you for agreeing to help us pilot the barriers questionnaire.

As you complete the questionnaire please highlight the following either by marking next to the item or in the comments box:

- Any words or questions that are ambiguous or confusing
- Any questions that you felt uncomfortable answering
- Any questions that feel too repetitive
- Any questions that feel too superficial
- Any other annoying features associated with the wording or formatting

At the end we have appended a few additional questions regarding your overall impressions about the questionnaire.

After completing the questionnaire please return to:

Barriers to Feeding Critically Ill Patients

The purpose of this questionnaire is to understand the barriers that critical care providers face in implementing the recommendations of nutrition guidelines in their setting - specifically barriers to providing adequate enteral nutrition (EN).

Several Clinical Practice Guidelines (CPGs) pertaining to critical care nutrition have been developed and published in recent years. These CPGs are typically nationally developed broad statements of best practice that refer to the average mechanically ventilated critically ill adult patient. Often, these guidelines are adapted for local use, and incorporated into local policy documents and bed-side protocols/algorithms. For brevity, throughout this survey, the term 'current guidelines for nutrition' will be used to refer to the nutrition guidelines currently used, if any, to inform decisions about feeding patients in your ICU. When we refer to feeding protocols, we are referring to tools designed to operationalize the guidelines at the bedside for patient care.

This questionnaire is divided into 2 sections and should take you approximately 5 to 10 minutes to complete. Please read these instructions before starting:

- Read each question, including all the options, before giving an answer.
- Choose the answer that is most applicable to your situation.
- Choose only one answer, unless requested otherwise.
- Complete the questionnaire from your perspective of the situation in your ICU – do not consider what you think others would say.
- If you have any additional comments, questions or concerns regarding nutrition guidelines, barriers to delivering enteral nutrition, or this survey, please write them in the space allotted at the end of the questionnaire.

By completing the questionnaire you are consenting for your responses to be used as part of ongoing quality improvement work in your unit. However, your responses are strictly confidential. Your opinions are very important! Of course, your participation is voluntary.

If you have any questions or comments, please contact us:

Thank you for your participation!

Part A: Barriers to Delivery of Enteral Nutrition

A barrier is something that hinders your ability to deliver adequate amounts of EN. Below is a list of 20 items that have been identified as barriers to feeding critically ill patients. Read each one carefully. If the item is a barrier in your ICU, indicate the DEGREE to which it hinders the provision of EN in your ICU on a scale of 0-6 where 0 means ‘not at all’ (you believe that it is not a barrier) and number 6 means ‘an extreme amount’ (you believe that the provision of EN is severely affected by this factor). For each potential barrier, circle the number that best reflects on average the situation in your ICU.

	Not at all	Very little	A little	A moderate amount	A lot	A great deal	An extreme amount
Delivery of Enteral Nutrition to the Patient							
1. Delay in physicians ordering the initiation of EN.	0	1	2	3	4	5	6
2. Waiting for physician/radiology to read x-ray and confirm tube placement.	0	1	2	3	4	5	6
3. Frequent displacement of feeding tube, requiring reinsertion.	0	1	2	3	4	5	6
4. Delays in initiating motility agents in patients not tolerating enteral nutrition (i.e. high gastric residual volumes).	0	1	2	3	4	5	6
5. Delays and difficulties in obtaining small bowel access in patients not tolerating enteral nutrition (i.e. high gastric residual volumes).	0	1	2	3	4	5	6
6. In resuscitated, hemodynamically stable patients, other aspects of patient care still take priority over nutrition.	0	1	2	3	4	5	6
7. Nutrition therapy not routinely discussed on patient care rounds.	0	1	2	3	4	5	6
Dietitian Support							
8. Waiting for the dietitian to assess the patient.	0	1	2	3	4	5	6
9. Dietitian not routinely present on weekday patient rounds.	0	1	2	3	4	5	6
10. No or not enough dietitian coverage during evenings, weekends and holidays.	0	1	2	3	4	5	6
11. Not enough time dedicated to education and training on how to optimally feed patients.	0	1	2	3	4	5	6

	Not at all	Very little	A little	A moderate amount	A lot	A great deal	An extreme amount
ICU Resources							
12. Enteral formula not available on the unit.	0	1	2	3	4	5	6
13. No or not enough feeding pumps on the unit.	0	1	2	3	4	5	6
Critical Care Provider Attitudes and Behaviour							
14. Non-ICU physicians (i.e. surgeons, gastroenterologists) requesting patients not be fed enterally.	0	1	2	3	4	5	6
15. Nurses failing to progress feeds as per the feeding protocol.	0	1	2	3	4	5	6
16. Feeds being held due to diarrhea.	0	1	2	3	4	5	6
17. Fear of adverse events due to aggressively feeding patients.	0	1	2	3	4	5	6
18. Feeding being held too far in advance of procedures or operating room visits.	0	1	2	3	4	5	6
19. Lack of familiarity with current guidelines for nutrition in the ICU.	0	1	2	3	4	5	6
20. General belief among ICU team that provision of adequate nutrition does not impact on patient outcome.	0	1	2	3	4	5	6

Part B: Personal Characteristics

Please check the box that best corresponds to you.

1. What is your sex? Male Female
2. How old are you?
 34 years or less
 35-49 years
 50-64 years
 65 years or older
3. What is your primary clinical specialty?
 Dietitian
 Nurse
 Physician Please select one:
 Intensivist (Medical)
 Intensivist (Surgical)
 Anaesthesia
 Emergency Medicine
 Internal Medicine
 Surgeon
 Other clinical specialty Please specify _____
4. How would you describe your current employment status in the ICU?
 Full-time
 Part-time Full-time equivalent: _____
 Locum
 Casual
 Trainee
 Other Please specify _____
5. How long have you been working in the ICU?
 0 - 5 years
 6 - 10 years
 11 - 15 years
 Greater than 15 years
6. Do you play a leadership role in the ICU? Yes No
 If yes, please specify:
 Medical Director
 Nurse Manager
 Clinical Nurse Specialist
 Charge Nurse
 Other

Additional Comments

You have now completed the questionnaire – thank you! In the space below, please make any additional comments you wish to make about barriers or solutions to providing adequate enteral nutrition to patients in your ICU.

**Thank you very much for taking the time to complete this questionnaire.
Your contribution is valued.**

Barriers Questionnaire Evaluation

Please read these questions and provide your feedback on the questionnaire you just completed.

1. Overall, did you find the survey easy to understand?
2. Were any words or questions confusing or unclear? If so, which ones?
3. As it relates to potential barriers, are there any additional items that we should be asking about?
4. Approximately how long did it take you to complete the survey?
5. Do you have any additional comments or suggestions to improve the questionnaire?

THANK YOU FOR YOUR COMMENTS